

Name \_\_\_\_\_  
Date \_\_\_\_\_

How did it  
go? How  
do I feel  
now?



## Post-Conference Reflections

- ✓ Things went smoothly during the conference because...
- ✓ Things could have gone better if...
- ✓ One thing I wish I would have shared with my parents, but I forgot:
- ✓ One thing I chose not to share, but should have:
- ✓ As I reflect on what I gained from being actively involved in my conference, I noticed...
- ✓ Something I feel my parents gained from hearing things from my perspective: